

Course Information Sheet for entry in 2025-26: PGDip in Sleep Medicine



Course facts

Mode of study	Part Time Only
Expected length	24 months

About the course

As a student on the PGDip in Sleep Medicine, you will spend two years engaging in a comprehensive taught programme covering the physiology of sleep, through to clinical practice and societal implications.

Delivery of this course is mostly online, with a one-week residential component. You will engage in real time with classmates and teaching faculty. You may also wish to consider the related two-year MSc in Sleep Medicine.

Structure and content

The PGDip is a part-time course, spread over two years. During that time you will complete eight modules, providing a comprehensive overview of sleep medicine that is in line with the European Sleep Research Society's teaching and training guidelines. These modules include:

- The Physiological Basis of Sleep
- Introduction to Sleep Medicine and Methodological Approaches
- Circadian Rhythm Disruption and Sleep
- Insomnias
- Sleep Disordered Breathing and Sleep-related Movement Disorders
- Hypersomnias and Parasomnias
- Sleep in Specialist Populations
- Sleep and Society.

Pattern of teaching and learning

The course is designed to give as much flexibility as possible, whilst still providing necessary support and community. Lectures are pre-recorded and sent for you to watch in your own time, alongside any relevant reading, case studies and activities.

You will join discussion groups; these are run using conferencing software, allowing you to interact in real-time with classmates and teaching faculty and will typically last 90 minutes. For these sessions you will be expected to prepare short essays and/or presentations for discussion. You will also be expected to attend a week-long residential school in person at Oxford.

All core reading material will take the form of peer-reviewed publications, which you will have access to via the University online library, SOLO.

You will need a computer (Windows or iOS), webcam and microphone for this course. You will also need to ensure appropriate internet connection. The recommended bandwidth for the software is 1Mbps.

Attendance

Delivery of this course is mostly online, but you will be required to attend a one-week residential component.

Resources to support your study

As a graduate student, you will have access to the University's wide range of world-class resources including libraries, museums, galleries, digital resources and IT services.

The Bodleian Libraries is the largest library system in the UK. It includes the main Bodleian Library and libraries across Oxford, including major research libraries and faculty, department and institute libraries. Together, the Libraries hold more than 13 million printed items, provide access to e-journals, and contain outstanding special collections including rare books and manuscripts, classical papyri, maps, music, art and printed ephemera.

The University's IT Services is available to all students to support with core university IT systems and tools, as well as many other services and facilities. IT Services also offers a range of IT learning courses for students, to support with learning and research.

No experimental facilities are provided as students will not be undertaking research during the course. When you visit Oxford you will have access to libraries though you will not have a dedicated workspace as the course is mainly provided online.

Supervision

The allocation of graduate supervision for this course is the responsibility of the Sleep and Circadian Neuroscience Institute/Nuffield Department of Clinical Neurosciences and it is not always possible to accommodate the preferences of incoming graduate students to work with a particular member of staff. Under exceptional circumstances a supervisor may be found outside the Sleep and Circadian Neuroscience Institute/Nuffield Department of Clinical Neurosciences.

The Course Director and administrative team have responsibility for providing support on a broad range of topics. You will be assigned an academic advisor on the course. Your first port of call for queries will usually be one of the course administrators, followed by your academic advisor.

Assessment

Modules will be assessed through a combination of one or more assessment types, including written assessments, presentations, oral examinations and / or an online exam.

Changes to this course

The University will seek to deliver this course in accordance with the description set out above. However, there may be situations in which it is desirable or necessary for the University to make changes in course provision, either before or after you commence your course. These might include significant changes made necessary by any pandemic, epidemic or local health emergency. For further information, please see the University's Terms and Conditions (<http://www.graduate.ox.ac.uk/terms>) and our page on changes to courses (<http://www.graduate.ox.ac.uk/coursechanges>).

Costs

Annual fees for entry in 2025-26

Fee status	Annual Course fees
Home	£7,805
Overseas	£12,025

Information about course fees

Course fees are payable each year, for the duration of your fee liability (your fee liability is the length of time for which you are required to pay course fees). For courses lasting longer than one year, please be aware that fees will usually increase annually. Information about how much fees and other costs may increase is set out in the University's Terms and Conditions (<http://www.graduate.ox.ac.uk/terms>).

Course fees cover your teaching as well as other academic services and facilities provided to support your studies. Unless specified in the additional cost information (below), course fees do not cover your accommodation, residential costs or other living costs. They also don't cover any additional costs and charges that are outlined in the additional cost information.

Additional cost information

Students will need a computer (Windows or iOS), webcam and microphone. Students will also need to ensure appropriate internet connection. The recommended bandwidth for the software is 1Mbps. It is necessary that students attend a one week residential school at the University of Oxford. The course will subsidise economy travel and basic accommodation at an Oxford College up to a maximum of £1000. Costs above and beyond this will need to be met by the students.

Living costs

In addition to your course fees and any additional course-specific costs, you will need to ensure that you have adequate funds to support your living costs for the duration of your course.

If you are studying part-time your living costs may vary depending on your personal circumstances but you must still ensure that you will have sufficient funding to meet these costs for the duration of your course.

The likely living costs for the 2025-26 academic year are published below. These costs are based on a single, full-time graduate student, with no dependants, living in Oxford. We provide the cost per month so you can multiply up by the number of months you expect to live in Oxford.

Likely living costs for one month

	Lower range	Upper range
Food	£330	£515
Accommodation	£790	£955
Personal items	£200	£335
Social activities	£45	£100
Study costs	£40	£90
Other	£20	£40
Total	£1,425	£2,035

Likely living costs for nine months

	Lower range	Upper range
Food	£2,970	£4,635
Accommodation	£7,110	£8,595
Personal items	£1,800	£3,015
Social activities	£405	£900
Study costs	£360	£810
Other	£180	£360
Total	£12,825	£18,315

Likely living costs for twelve months

	Lower range	Upper range
Food	£3,960	£6,180
Accommodation	£9,480	£11,460
Personal items	£2,400	£4,020
Social activities	£540	£1,200
Study costs	£480	£1,080
Other	£240	£480
Total	£17,100	£24,420

When planning your finances for any future years of study at Oxford beyond the 2025-26 academic year, it is suggested that you allow for potential increases in living expenses of 4% each year – although this rate may vary depending on the national economic situation.

More information about how these figures have been calculated is available at www.graduate.ox.ac.uk/livingcosts.

Document accessibility

If you require a more accessible version of this document please contact Graduate Admissions and Recruitment by email (graduate.admissions@admin.ox.ac.uk) or via the online form (<http://www.graduate.ox.ac.uk/ask/form>).